

CONSTRUCTIVISM

DEFINITION

Constructivism is a view of learning based on the belief that knowledge isn't a thing that can be simply given by the teacher at the front of the room to students at their desks. Rather, knowledge is constructed by learners; learners are the builders and creators of meaning and knowledge. Constructivism draws on the developmental work of Piaget (1977) and Kelly (1991). Twomey Fosnot (1989) defines constructivism by reference to four principles: learning, in an important way, depends on what we already know; new ideas occur as we adapt and change our old ideas; learning involves inventing ideas rather than mechanically accumulating facts; meaningful learning occurs through rethinking old ideas and coming to new conclusions about new ideas which conflict with our old ideas. A productive, constructivist classroom, then, consists of learner-centered, active instruction. In such a classroom, the teacher provides students with experiences that allow them to hypothesize, predict, manipulate objects, pose questions, research, investigate, imagine, and invent. The teacher's role is to facilitate this process.

HOW DOES LEARNING OCCUR?

Constructivism is a theory that equates learning with creating meaning from experience (Bednar et al., 1991). Even though constructivism is considered to be a branch of cognitivism (both conceive of learning as a mental activity), it distinguishes itself from traditional cognitive theories in a number of ways. Most cognitive psychologists think of the mind as a reference tool to the real world; constructivists believe that the mind filters input from the world to produce its own unique reality (Jonassen, 1991a). Like with the rationalists of Plato's time, the mind is believed to be the source of all meaning, yet like the empiricists, individual, direct experiences with the environment are considered critical. Constructivism crosses both categories by emphasizing the interaction between these two variables.

Constructivists do not share with cognitivists and behaviorists the belief that knowledge is mind-independent and can be "mapped" onto a learner. Constructivists do not deny the existence of the real world but contend that what we know of the world stems from our own interpretations of our experiences. Humans create meaning as opposed to acquiring it. Since there are many possible meanings to glean from any experience, we cannot achieve a predetermined, "correct" meaning. Learners do not transfer knowledge from the external world into their memories; rather they build personal interpretations of the world based on individual experiences and interactions. Thus, the internal representation of knowledge is constantly open to change; there is not an objective reality that learners strive to know. Knowledge emerges in contexts within which it is relevant. Therefore, in order to understand the learning which has taken place within an individual, the actual experience must be examined (Bednar et al., 1991).

WHICH FACTORS INFLUENCE LEARNING?

Both learner and environmental factors are critical to the constructivist, as it is the specific interaction between these two variables that creates knowledge. Constructivists argue that behavior is situationally determined (Jonassen, 1991a). Just as the learning of new vocabulary words is enhanced by exposure and subsequent interaction with those words in context (as opposed to learning their meanings from a dictionary), likewise it is essential that content knowledge be embedded in the situation in which it is used. Brown, Collins, and Duguid (1989) suggest that situations actually co-produce knowledge (along with cognition) through activity. Every action is viewed as "an interpretation of the current situation based on an entire history of previous interactions" (Clancey, 1986). Just as shades of meanings of given words are constantly changing a learner's "current" understanding of a word, so too will concepts continually evolve with each new use. For this reason, it is critical that learning occur in realistic settings and that the selected learning tasks be relevant to the students' lived experience.

WHAT IS THE ROLE OF MEMORY?

The goal of instruction is not to ensure that individuals know particular facts but rather that they elaborate on and interpret information. "Understanding is developed through continued, situated use ... and does not crystallize into a categorical definition" that can be called up from memory (Brown et al., 1989, p. 33). As mentioned earlier, a concept

will continue to evolve with each new use as new situations, negotiations, and activities recast it in a different, more densely textured form. Therefore, “memory” is always under construction as a cumulative history of interactions. Representations of experiences are not formalized or structured into a single piece of declarative knowledge and then stored in the head. The emphasis is not on retrieving intact knowledge structures, but on providing learners with the means to create novel and situation-specific understandings by “assembling” prior knowledge from diverse sources appropriate to the problem at hand. For example, the knowledge of “design” activities has to be used by a practitioner in too many different ways for them all to be anticipated in advance. Constructivists emphasize the flexible use of pre-existing knowledge rather than the recall of prepackaged schemas (Spiro, Feltovich, Jacobson, & Coulson, 1991). Mental representations developed through task engagement are likely to increase the efficiency with which subsequent tasks are performed to the extent that parts of the environment remain the same: “Recurring features of the environment may thus afford recurring sequences of actions” (Brown et al., p. 37). Memory is not a context-independent process.

Clearly the focus of constructivism is on creating cognitive tools which reflect the wisdom of the culture in which they are used as well as the insights and experiences of individuals. There is no need for the mere acquisition of fixed, abstract, self-contained concepts or details. To be successful, meaningful, and lasting, learning must include all three of these crucial factors: activity (practice), concept (knowledge), and culture (context) (Brown et al., 1989).

HOW DOES TRANSFER OCCUR?

The constructivist position assumes that transfer can be facilitated by involvement in authentic tasks anchored in meaningful contexts. Since understanding is “indexed” by experience (just as word meanings are tied to specific instances of use), the authenticity of the experience becomes critical to the individual’s ability to use ideas (Brown et al., 1989). An essential concept in the constructivist view is that learning always takes place in a context and that the context forms an inexorable link with the knowledge embedded in it (Bednar et al., 1991). Therefore, the goal of instruction is to accurately portray tasks, not to define the structure of learning required to achieve a task. If learning is decontextualized, there is little hope for transfer to occur. One does not learn to use a set of tools simply by following a list of rules. Appropriate and effective use comes from engaging the learner in the actual use of the tools in real-world situations. Thus, the ultimate measure of learning is based on how effective the learner’s knowledge structure is in facilitating thinking and performing in the system in which those tools are used.

WHAT TYPES OF LEARNING ARE BEST EXPLAINED BY THIS POSITION?

The constructivist view does not accept the assumption that types of learning can be identified independent of the content and the context of learning (Bednar et al., 1991). Constructivists believe that it is impossible to isolate units of information or divide up knowledge domains according to a hierarchical analysis of relationships. Although the emphasis on performance and instruction has proven effective in teaching basic skills in relatively structured knowledge domains, much of what needs to be learned involves advanced knowledge in ill-structured domains. Jonassen (1991a) has described three stages of knowledge acquisition (introductory, advanced, and expert) and argues that constructive learning environments are most effective for the stage of advanced knowledge acquisition, where initial misconceptions and biases acquired during the introductory stage can be discovered, negotiated, and if necessary, modified and/or removed. Jonassen agrees that introductory knowledge acquisition is better supported by more objectivistic approaches (behavioral and/or cognitive) but suggests a transition to constructivistic approaches as learners acquire more knowledge which provides them with the conceptual power needed to deal with complex and ill-structured problems.

WHAT BASIC ASSUMPTIONS/PRINCIPLES OF THIS THEORY ARE RELEVANT TO TEACHING?

The constructivist teacher specifies instructional methods and strategies that will assist learners in actively exploring complex topics/environments and that will move them into thinking in a given content area as an expert user of that domain might think. Knowledge is not abstract but is linked to the context under study and to the experiences that the participants bring to the context. As such, learners are encouraged to construct their own understandings and then to validate, through social negotiation, these new perspectives. Content is not prespecified; information from many sources is essential. For example, a typical constructivist’s goal would not be to teach novice ID students straight facts about

instructional design, but to prepare students to use ID facts as an instructional designer might use them. As such, performance objectives are not related so much to the content as they are to the processes of construction. Some of the specific strategies utilized by constructivists include situating tasks in real-world contexts, use of cognitive apprenticeships (modeling and coaching a student toward expert performance), presentation of multiple perspectives (collaborative learning to develop and share alternative views), social negotiation (debate, discussion, evidence-giving), use of examples as real “slices of life,” reflective awareness, and providing considerable guidance on the use of constructive processes.

The following are several specific assumptions or principles from the constructivist position that have direct relevance for the teachers:

1. An emphasis on the identification of the context in which the skills will be learned and subsequently applied [anchoring learning in meaningful contexts].
2. An emphasis on learner control and the capability of the learner to manipulate information [actively using what is learned].
3. The need for information to be presented in a variety of different ways [revisiting content at different times, in rearranged contexts, for different purposes, and from different conceptual perspectives].
4. Supporting the use of problem-solving skills that allow learners to go “beyond the information given.” [developing pattern-recognition skills, presenting alternative ways of representing problems].
5. Assessment focused on the transfer of knowledge and skills [presenting new problems and situations that differ from the conditions of the initial instruction].

HOW SHOULD INSTRUCTION BE STRUCTURED?

As one moves along the behaviorist-cognitivist-constructivist continuum, the focus of instruction shifts from teaching to learning, from the passive transfer of facts and routines to the active application of ideas to problems. Both cognitivists and constructivists view the learner as being actively involved in the learning process, yet the constructivists look at the learner as more than just an active processor of information; the learner elaborates upon and interprets the given information (Duffy & Jonassen, 1991). Meaning is created by the learner: learning objectives are not pre-specified nor is instruction predesigned. “The role of instruction in the constructivist view is to show students how to construct knowledge, to promote collaboration with others to show the multiple perspectives that can be brought to bear on a particular problem, and to arrive at self-chosen positions to which they can commit themselves, while realizing the basis of other views with which they may disagree” (Cunningham, 1991, p. 14).

Even though the emphasis is on learner construction, the instructional designer/ teacher’s role is still critical (Reigeluth, 1989). Here the tasks of the designer are two-fold: (1) to instruct the student on how to construct meaning, as well as how to effectively monitor, evaluate, and update those constructions; and (2) to align and design experiences for the learner so that authentic, relevant contexts can be experienced.

Although constructivist approaches are used quite frequently in the preparation of lawyers, doctors, architects, and businessmen through the use of apprenticeships and on-the-job training, they are typically not applied in the educational arena (Resnick, 1987). If they were, however, a student placed in the hands of a constructivist would likely be immersed in an “apprenticeship” experience. For example, a novice instructional design student who desires to learn about needs assessment would be placed in a situation that requires such an assessment to be completed. Through the modeling and coaching of experts involved in authentic cases, the novice designer would experience the process embedded in the true context of an actual problem situation. Over time, several additional situations would be experienced by the student, all requiring similar needs assessment abilities. Each experience would serve to build on and adapt that which has been previously experienced and constructed. As the student gained more confidence and experience, (s)he would move into a collaborative phase of learning where discussion becomes crucial. By talking with others (peers, advanced students, professors, and designers), students become better able to articulate their own

understandings of the needs assessment process. As they uncover their naive theories, they begin to see such activities in a new light, which guides them towards conceptual reframing (learning). Students gain familiarity with analysis and action in complex situations and consequently begin to expand their horizons: they encounter relevant books, attend conferences and seminars, discuss issues with other students, and use their knowledge to interpret numerous situations around them (not only related to specific design issues). Not only have the learners been involved in different types of learning as they moved from being novices to “budding experts,” but the nature of the learning process has changed as well.